

## Katrina Relief Project *Suggested* Packing List

(Note: most airlines have a 50 lb limit for checked baggage)

- ◇ Bible
- ◇ Work shirts or overalls
- ◇ Work pants/jeans
- ◇ Jacket/sweatshirt (average low temperature in January is 40 degrees but last year it was 32 degrees)
- ◇ T-shirts (can be left there or tossed)
- ◇ Work gloves
- ◇ For construction team members: safety glasses, hard hat
- ◇ Heavy duty rain gear (January is the rainiest month of the year w/ 6.77" rain and if you haven't seen MISSISSIPPI MUD...you will)
- ◇ Hat (baseball cap or boonie hat)
- ◇ Underwear and socks
- ◇ Sleep wear
- ◇ Work boots (comfortable and supportive)
- ◇ Sneakers (again, perhaps a throw-away pair)
- ◇ Shower shoes
- ◇ Toiletries w/ repair / sewing kit
- ◇ Towels (2)
- ◇ Sunglasses
- ◇ Ear plugs
- ◇ Sleeping bag w/ pad, pillow
- ◇ Bug repellent (100% DEET or Avon Skin So Soft)
- ◇ Pocket sized hand sanitizer
- ◇ First aid kit (medications, band aids, foot powder, Tylenol, Advil, vitamins)
- ◇ Flashlight w/ spare batteries
- ◇ Money, picture ID, insurance card, medical alert tags or bracelets
- ◇ Camera with spare batteries and charger
- ◇ Cell phone with charger

- ◇ For administrative personnel, as needed: laptop computer with printer and multiplug